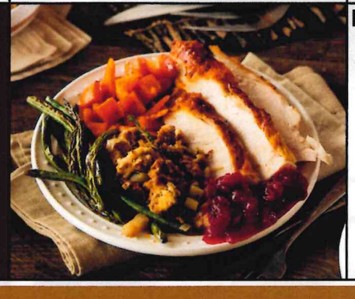
CAPISTRANO
SENIOR LIVING

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:00 Catholic Mass Livestream-AR** **10:15 Christian Church Service-ML** 1:00 Sunday Afternoon Movie-B 3:00 Social Hour-B 4:00 Walking Club	2 9:30 Walking Club 10:00 Chair Zumba-ML **10:45 Catholic Gospel Reading/Reflection-ML** 11:00 Good News-ML 1:30 Bingo-AR **3:00 MUSIC w/Eddie B.-ML** 5:15 Monday Night Football-Chicago Bears/Seattle Seahawks	3 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:00 Creative Hour-AR **10:30 Safety Meeting w/Maintenance Director-ML** **11:30 Lunch Outing-Taco Bell-BT** 1:30 Bingo-AR **3:00 Bible Study-PDR** 3:00 Spanish Class-B 4:00 Music History with Rogerio-B	4 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:30 Biography-Martha Stewart-ML **12:00 Outing-Target-BT** **1:00 Capo Valley Christian School Kids-ML** 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML 6:00 Flower Arranging-AR	5 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML **10:45 Activity Planning Committee-ML** 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML **4:30 Bert on the Piano-ML** **6:30 Bible Study with Cheryl-PDR**	6 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:45 Music Trivia-ML 1:30 Bingo-AR 1:30 Colored Pencil Art-B **3:30 MUSIC w/ Rogerio-ML**	7 **8:30 SJC Ecology Center--BT** 10:00 Chair Sit and B-Fit -ML 10:30 Documentary-Jane (D+)-B 1:00 Movie-Being The Ricardos (PV)-B 1:30 Bingo-AR **3:30 Mission Basilica Mass-BT** 3:30 Social Hour-B
8 **9:00 Catholic Mass Livestream-AR** **10:15 Christian Church Service-ML** 1:00 Sunday Afternoon Movie-B 3:00 Social Hour-B 4:00 Walking Club	9 9:30 Walking Club 10:00 Chair Zumba-ML **10:45 Catholic Gospel Reading/Reflection-ML** 11:00 Word Games-ML 1:30 Bingo-AR **3:00 MUSIC w/Jerome Dean-ML** 5:15 Monday Night Football-Buffalo Bills/Minnesota Vikings	10 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:00 Creative Hour-AR 10:30 Crossword Puzzle-ML **11:30 Lunch Outing-Himalayan Restaurant-BT** 1:30 Bingo-AR **3:00 Bible Study-PDR** 3:00 Board/Card Games-B 4:00 Music History with Rogerio-B	**Veterans Day** 11 9:30 Walking Club **10:00 Veterans Day Pinning Event-ML** **12:00 Outing-Trader Joe's-BT** 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML 6:00 Flower Arranging-AR	12 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:30 Singing with Rogerio-ML 1:30 Bingo-AR 3:00 Wine Tasting with Anabella-B **4:30 Bert on the Piano-ML** **6:30 Bible Study with Cheryl-PDR**	13 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:45 Music Trivia-ML 1:30 Bingo-AR 1:30 Colored Pencil Art-B **3:00 Resident Council Meeting-ML** **3:30 MUSIC w/ Rogerio-ML**	14 **8:30 Krispy Kreme-BT** 9:45 Chair Sit and B-Fit -ML 10:30 Documentary-Born to Be Wild (PV)-B 1:00 Movie-Planes, Trains and Automobiles (Pluto)-B 1:30 Bingo-AR **2:45 Nail Salon Outing-BT** **3:00 Ladies' Tea Social w/Elizabeth-PDR** **3:30 Mission Basilica Mass-BT** 3:30 Social Hour-B
15 **9:00 Catholic Mass Livestream-AR** **10:15 Christian Church Service-ML** 1:00 Sunday Afternoon Movie-B 3:00 Social Hour-B 4:00 Walking Club	16 9:30 Walking Club 10:00 Chair Zumba-ML **10:45 Catholic Gospel Reading/Reflection-ML** 11:00 Good News-ML 1:30 Bingo-AR **3:00 MUSIC w/Roy Southerland-ML** 5:15 Monday Night Football-Los Angeles Chargers/Baltimore Ravens	17 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:00 Creative Hour-AR 10:30 Crossword Puzzle-ML **11:30 Lunch Outing -El Adobe-BT** 1:30 Bingo-AR **3:00 Bible Study-PDR** 3:00 Spanish Class-B 4:00 Music History with Rogerio-B	18 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:30 Biography-Clint Eastwood-ML **11:30 New Resident Lunch-PDR** **12:00 Outing-Walmart-BT** 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML 6:00 Flower Arranging-AR **6:15 Swallow's Inn for Karaoke-BT**	19 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:30 Singing with Rogerio-ML 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML **4:30 Bert on the Piano-ML** **6:30 Bible Study with Cheryl-PDR**	20 **8:30 Casino Outing-BT** 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:45 Music Trivia-ML 1:30 Bingo-AR 1:30 Colored Pencil Art-B **3:00 MUSIC w/Cate Murphy-ML**	21 9:45 Chair Sit and B-Fit -ML 10:30 Documentary-Live to 100:Secrets of the Blue Zones (N)-B 1:00 Movie-Home for fhe Holidays (U)-B 1:30 Bingo-AR **3:30 Mission Basilica Mass-BT** 3:30 Social Hour-B
22 **9:00 Catholic Mass Livestream-AR** **10:15 Christian Church Service-ML** 1:00 Sunday Afternoon Movie-B 3:00 Social Hour-B 4:00 Walking Club	23 9:30 Walking Club 10:00 Chair Zumba-ML **10:45 Catholic Gospel Reading/Reflection-ML** 11:00 Word Games-ML 1:30 Bingo-AR **3:00 MUSIC w/Robin Gable-ML** 5:15 Monday Night Football-Cincinnati Bengals/Washington Commanders	24 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:00 Creative Hour-AR 10:30 Crossword Puzzle-ML **11:30 Lunch Outing-Box Lunch-BT** 1:30 Bingo-AR **3:00 Bible Study-PDR** 3:00 Board/Card Games-B 4:00 Music History with Rogerio-B	25 9:30 Walking Club 10:00 Chair Sit and B-Fit-ML 10:30 Biography-Groucho Marx-ML **12:00 Outing-Vons** 1:30 Bingo-AR 3:15 Wii Games-B 3:30 Indoor Volleyball-ML 6:00 Flower Arranging-AR	**Thanksgiving** 26 **8:30 Macy's Thanksgiving Day Parade-B** 9:30 Walking Club 1:00 Hallmark Thanksgiving Movie-B 1:30 Bingo-AR **3:00 MUSIC w/Rogerio-ML**	27 9:30 Walking Club 10:00 Fried Dough Friday!-AR **11:30 Resident Birthday Celebration-DR** 1:30 Bingo-AR 1:30 Colored Pencil Art-B **3:30 MUSIC w/ Rogerio-ML**	28 10:00 Bingo-AR 10:00 Documentary-The Imagineering Story (D+)-B **1:30 Big Screen Movie (Casablanca) with Popcorn-ML** **3:30 Mission Basilica Mass-BT** 3:30 Social Hour-B
29 **9:00 Catholic Mass Livestream-AR** **10:15 Christian Church Service-ML** 1:00 Sunday Afternoon Movie-B 3:00 Social Hour-B 4:00 Walking Club	30 9:30 Walking Club 10:00 Chair Zumba-ML **10:45 Catholic Gospel Reading/Reflection-ML** 11:00 Good News-ML 1:30 Bingo-AR **3:00 MUSIC w/Paul Eshelman-ML** 5:15 Monday Night Football-Carolina Panthers/Tampa Bay Buccaneers					**LOCATION KEY** AR-Activity Room B-Bistro BT-Bus Trip DR-Dining Room ML-Main Lobby PDR-Private Dining Room

Copyright © 2026 Ubiq LLC Illustratus

CAPISTRANO
SENIOR LIVING

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:00 Catholic Mass Livestream** **10:30 Christian Church Services** 12:00 National Geographic 12:00 Walking Club 1:00 Having a Ball! 2:30 Good News 3:00 Walking Club	2 9:30 Chair Zumba 9:30 In The Kitchen with Ana 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 What Does This Mean? 2:30 Karaoke **3:00 MUSIC w/Eddie B. -AL** 3:00 Walking Club	3 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 America's Got Talent 12:00 Walking Club 1:30 Having a Ball! 2:00 Laugh Out Loud 2:30 Creative Hour 2:30 Karaoke 3:00 Walking Club	4 9:30 Daily Chronicle/Trivia **10:00 Scott on the Piano** 12:00 Dancing With the Stars 12:00 Walking Club 1:30 Travel Around the World 2:30 Famous Faces 3:00 Walking Club 3:30 Trivia	5 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 Animal Planet 12:00 That's It! 12:00 Walking Club 1:30 Know Your Neighbor **2:00 MUSIC w/Billy** 3:00 Walking Club	6 **9:30 MUSIC w/Matthew Stoneman** 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 Having a Ball! **2:30 Ice Cream Social** 3:00 Karaoke 3:00 Walking Club **3:30 MUSIC w/Rogerio -AL**	7 9:30 Stretch & Flex 10:00 Time for Trivia 12:00 Animal Planet 12:00 Walking Club 1:00 Cornhole Toss 2:00 Story Hour 3:00 Walking Club
8 **9:00 Catholic Mass Livestream** **10:30 Christian Church Services** 12:00 National Geographic 12:00 Walking Club 1:00 Having a Ball! 2:30 Good News 3:00 Walking Club	9 9:30 Chair Zumba 9:30 In The Kitchen with Ana 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 What Does This Mean? 2:30 Karaoke **3:00 MUSIC w/Jerome Dean -AL** 3:00 Walking Club	10 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 America's Got Talent 12:00 Walking Club 1:30 Having a Ball! 2:00 Laugh Out Loud 2:30 Creative Hour 2:30 Karaoke 3:00 Walking Club	**Veterans Day** 11 9:30 Daily Chronicle/Trivia **10:00 Scott on the Piano** **10:00 Veterans Day Pinning Event-AL** 12:00 Dancing With the Stars 12:00 Walking Club 1:30 Travel Around the World 2:30 Famous Faces 3:00 Walking Club 3:30 Trivia	12 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 Animal Planet 12:00 That's It! 12:00 Walking Club 1:30 Know Your Neighbor **2:00 MUSIC w/Billy** 3:00 Walking Club	13 9:00 Movie-Are We There Yet? (N) **10:00 Scenic Drive -BT** 12:00 Music Appreciation 12:00 Walking Club 1:30 Having a Ball! **2:30 Ice Cream Social** 3:00 Karaoke 3:00 Walking Club **3:30 MUSIC w/Rogerio -AL**	14 9:30 Stretch & Flex 10:00 Time for Trivia 12:00 Animal Planet 12:00 Walking Club 1:00 Basketball **2:00 BIRTHDAY PARTY** 2:00 Story Hour 3:00 Walking Club
15 **9:00 Catholic Mass Livestream** **10:30 Christian Church Services** 12:00 National Geographic 12:00 Walking Club 1:00 Having a Ball! 2:30 Good News 3:00 Walking Club	16 9:30 Chair Zumba 9:30 In The Kitchen with Ana 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 What Does This Mean? 2:30 Karaoke **3:00 MUSIC w/Roy Southerland -AL** 3:00 Walking Club	17 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 America's Got Talent 12:00 Walking Club 1:30 Having a Ball! **1:30 Michael Franklin, the Ukulele** 2:00 Laugh Out Loud 2:30 Creative Hour 2:30 Karaoke 3:00 Walking Club	18 9:30 Daily Chronicle/Trivia **10:00 Scott on the Piano** 12:00 Dancing With the Stars 12:00 Walking Club 1:30 Travel Around the World 2:30 Famous Faces 3:00 Walking Club 3:30 Trivia	19 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 Animal Planet 12:00 That's It! 12:00 Walking Club 1:30 Know Your Neighbor **2:00 MUSIC w/Billy** 3:00 Walking Club	20 **9:30 MUSIC w/Matthew Stoneman** 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 Having a Ball! **2:30 Ice Cream Social** 3:00 Karaoke **3:00 MUSIC w/Cate Murphy-AL** 3:00 Walking Club	21 9:30 Stretch & Flex 10:00 Time for Trivia 12:00 Animal Planet 12:00 Walking Club 1:00 Cornhole Toss 2:00 Story Hour 3:00 Walking Club
22 **9:00 Catholic Mass Livestream** **10:30 Christian Church Services** 12:00 National Geographic 12:00 Walking Club 1:00 Having a Ball! 2:30 Good News 3:00 Walking Club	23 9:30 Chair Zumba 9:30 In The Kitchen with Ana 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 What Does This Mean? 2:30 Karaoke **3:00 MUSIC w/Robin Gable -AL** 3:00 Walking Club	24 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 America's Got Talent 12:00 Walking Club 1:30 Having a Ball! 2:00 Laugh Out Loud 2:30 Creative Hour 2:30 Karaoke 3:00 Walking Club	25 9:30 Daily Chronicle/Trivia **10:00 Scott on the Piano** 12:00 Dancing With the Stars 12:00 Walking Club 1:30 Travel Around the World **2:30 Ice Cream Social** 3:00 Walking Club 3:30 Trivia	**Thanksgiving** 26 9:30 Stretch & Flex 10:15 Daily Chronicle/That's It! 12:00 Animal Planet 12:00 That's It! 12:00 Walking Club **1:00 MUSIC w/Billy** 3:00 Walking Club	27 **9:30 MUSIC w/Matthew Stoneman** 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 Having a Ball! 2:00 Movie-The Flintstones (N) **2:00 Scenic Drive-BT** 3:00 Walking Club **3:30 MUSIC w/Rogerio -AL**	28 9:30 Stretch & Flex 10:00 Time for Trivia 12:00 Animal Planet 12:00 Walking Club 1:00 Basketball 2:00 Story Hour 3:00 Walking Club
29 **9:00 Catholic Mass Livestream** **10:30 Christian Church Services** 12:00 National Geographic 12:00 Walking Club 1:00 Having a Ball! 2:30 Good News 3:00 Walking Club	30 9:30 Chair Zumba 9:30 In The Kitchen with Ana 10:30 Memory Lane/Daily Chronicle 12:00 Music Appreciation 12:00 Walking Club 1:30 What Does This Mean? 2:30 Karaoke **3:00 MUSIC w/Paul Eshelman-AL** 3:00 Walking Club					We offer a variety of programs to different levels of functioning to facilitate greater engagement for our residents. All events are subject to change.

Copyright © 2026 Uhlig LLC Illustratus